The Great British Columbia Shake Out

October 18, 2018, 10:18 a.m.
If you feel an earthquake:

- **DROP** to the ground (before the earthquake drops you).
- Take **COVER** by getting under a sturdy desk or table.
- **HOLD ON** until the shaking stops.
- **STAY THERE** for 60 seconds, giving unstable objects time to settle.

Cover: most injuries/deaths are caused by flying glass, falling objects/debris.
“Building continuity to respond to evolving risks”

**Risk**
3,000+ earthquakes occur every year in BC

**Response**
Drop, Cover, and Hold on!

**Continuity**
To react quickly you must practice often
Lead by example!

An annual opportunity for people in homes, schools, and organizations to practice what to do during earthquakes, and to improve preparedness.

Everyone, everywhere, should know what to do in an earthquake and should practice.
At home, work, and school…

**Secure your space**
- Strap furniture to walls
- Put latches on cabinets
- Secure TVs and computers

**Create or update plans**
- Prepare or update plan
- Find out-of-province contact
- Have a meeting place

**Store water, food, safety supplies**
- AT LEAST 72 hours of food and water per person + pets
- Fire extinguisher
- First Aid kit
- Store shoes and flashlight under bed
Register today!

www.ShakeOutBC.ca/register